

2019 Food Trends and...

The PAGEN DIET

JANUARY 7, 2019

Plant-based diets are here to stay and variations include the new Pagen diet trend – a combination of Paleo and Vegan. To spice things up, bold global mashup flavors that are hot, sour and funky. Funky? Think fermented.

Cuisines from the Mediterranean and countries ending in “stan” will be new go-to's.

What does this mean to operators (and distributors)? Menu targeting and plant-based additions at all meal parts – jump on the curve now!

Need a little nudge? Don't worry, we are here to help you navigate the trends and supply the basics -Pagen and all.



ON THE MENU: RAJASTHANI BUTTERNUT AND POTATO CURRY

Harvest Sensations **SENSATIONALLY FRESH®** Ingredients:

Diced Organic Butternut Squash

Fingerling Potatoes

Fresh Herbs



Call us for pricing and availability:

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